



**BetterALife Inc.**  
Feed A Local Child Today

816 Pencoast Drive

Purcellville, VA 20132

703-727-8974

Please fill out this form and return to BetterALife Inc. to receive consideration for a volunteer position. You may mail this form to our mailing address, attach it to an email to our volunteer coordinator at [eford@betteralife.org](mailto:eford@betteralife.org).

BetterALife is a 501(c)(3) organization working in the Loudoun and Fairfax County areas to provide Food and basic needs for food insecure children and their families. We invite volunteers over the age of 18 and of any race or creed to engage with our clients at our site, online, and by providing various services.

After we receive your application, we will contact you and arrange for an interview in person or by phone with our volunteer coordinator. All information on this form will be kept confidential and will help us find the perfect volunteer project for you. Please be advised that, since we work with a vulnerable and youth population, we require a criminal background check. We will advise how this may be done in the most efficient way.

If you are volunteering for a specific event only, please note that below on the form.

## Volunteer Application Form

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Street Address:

\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Employer (if applicable) \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**Do you have skills, special interests or experience that you would like us to consider when placing you into an appropriate position?**

**Here are some of the volunteer positions we offer. Please check the ones you would be most interested in.**

General help (routine office tasks on a specific day of the week).

Events (fundraising events, client get togethers, celebratory events).

Fundraising (may involve telephone calls, writing thank you notes, or grant writing).

Communications (writing copy for publications and fundraising messages. Social media experience appreciated).

Door-to-Door food delivery with the team (Car required and can Never be done alone.)

Teaching / Mentor (nutrition help or, mentoring a child).

Special Events (please let us know which event you would like to help with)

What days are you usually available? Mon: Tues: Wed: Thurs: Fri: Sat:

How many hours are you available per week? Do you prefer Morning? Afternoon?

Please describe any physical limitations:

Emergency contact:

Name: Phone: Relationship:

Please provide the names and contact information of two character references:

Name:

Telephone:

Relationship:

Name:

Telephone:

Relationship:

**Liability Release:**

*As a volunteer of BetterALife Inc. I agree to abide by all policies and procedures. I understand that I volunteer at my own risk and neither the organization nor its employees assume any liability for any accidental injury or health problem arising from volunteer work I perform for the organization. I agree that all work I do is on a volunteer basis, and I am not eligible to receive any monetary payment or reward. Anyone under the age of 18 must always be with an adult.*

Signature:

Date:

